



# MANLY FRESHWATER CATHOLIC PARISH

Mary Immaculate and St John the Baptist Churches

## Fourteenth Sunday in Ordinary Time – 7<sup>th</sup> July 2024



### Gospel Reflection

Mark begins a new theme in his Gospel with today's pericope: the blindness of people to the power and authority of Jesus. The residents of Jesus' own hometown reject his message. They consider Jesus too much "one of them" to be taken seriously. They are too obsessed with superficialities – occupation, ancestry, origins – to realize God present in their midst and to be affected by that presence.

*Connectionmediaworks*



### VINNIES WINTER APPEAL

The theme of our appeal this year is the "**Working Homeless**".

With your support we will make a difference to people's lives.

These are the ways you can support our appeal...

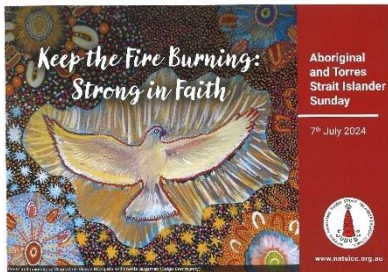


- Using the envelopes on the pews.
- Scanning our QR code
- Direct Debit into our bank account.

Manly: BSB 062 000 Account 19889862  
Branch 42551

Freshwater: BSB 062 000 Account 19889862  
Branch 42550

We would like to thank you all for many years of support in helping those in need. You do make a huge difference in our parish community.  
*God Bless Bruce and Mick*



### Aboriginal and Torres Strait Islander Sunday 7<sup>th</sup> July 2024

National NAIDOC Week is held every year across Australia, with this year's celebrations starting on July 7<sup>th</sup>, 2024. This is a time when all Australians can come together to celebrate and recognise the history, culture, and achievements of Aboriginal and Torres Strait Islander peoples. You can support and get to know your local Aboriginal and Torres Strait Islander communities through activities and events held across Australia.

Further information and resources can be found on the NAIDOC website using the following link: [National NAIDOC Week | NAIDOC](https://www.naidoc.org.au)

### CHANGES TO PARISH OFFICE HOURS



While Jenny is on annual leave from 8<sup>th</sup> – 19<sup>th</sup> July the parish office hours will be as follows –

CLOSED: Monday 8 & 15 and Friday 12 & 19

OPEN: Tuesday – Thursday 8:30am – 12pm

### EUCCHARISTIC ADORATION IN MANLY ON WEDNESDAYS

6pm – 7.30pm

Quiet Prayer, Adoration and reconciliation will be available

6pm – 7pm concluding with **Benediction**



### Pope Francis Prayer Intention for July

For the pastoral care of the sick

We pray that the Sacrament of the Anointing of the Sick confer to those who receive it and their loved ones the power of the Lord and become ever more a visible sign of compassion and hope for all.

**Livestreaming on Facebook** Sunday 8:30am Mass  
[manlyfreshwaterparishfacebook/videos](https://www.facebook.com/manlyfreshwaterparish/videos)

### PARISH SOCIAL MEDIA

**Parish facebook:** [facebook.com/manlyfreshwaterparish](https://www.facebook.com/manlyfreshwaterparish)

**Parish website:** [bbcatholic.org.au/manlyfreshwater](https://www.bbcatholic.org.au/manlyfreshwater)

*Manly Freshwater Parish promotes SAFEGUARDING which involves the implementation of proactive, common sense and practical ideas that ensure the safety of children and vulnerable adults in our MANLY community.*

**Recently Deceased:****Anniversary:** Lesley Le Surf

**Prayers for the sick in our parish: “Lord, grant them and their carers strength and courage”** Stephen Robertson; Maureen Williams; Gerry Wybrandt; Amy Farrow; Patricia Duffy; Florencia Lira; Ken Waller; Mary Helen Fogarty; Belinda Nicholls; Jacqui Dawson; Gerry Ring; Zacchaeus Ratnam; Pat Smith; John Connors; Don Hews; Joan Jacobs; Paul Donnelly; Julie Wallis; Lyn Hillard; Ian Flynn; Jake Usher; Wayne Smedley; Apolinar Anasarias; Kay Flenady; Annette Frances O’Leary; Anna Kalayzich; Veronica Rinaldo; Chinnamma Puliparambil; Rena Cull; John Santos; Shirley Ford; Mary Hetenyi; Ana Maria Saladana; Daniel Musso (11yrs old)

**Dates to remember...**

- **Alpha continues** Monday 8th July 7pm
- **Spanish Prayer Group** Friday 12th July 6pm
- **Cenacle of Our Lady**  
Manly: Tues 9:45am; Freshwater: Wed 9:45am

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**CAN’T GET TO MASS ON SUNDAY AND WANT TO RECEIVE HOLY COMMUNION?**

Many of you have not been able to come back to Mass on Sunday for different reasons. If you would like one of the Priest to visit you at home, please ring the parish office on 9977 5822.

**PIETY STORE**

**Movie of the month - Mother Teresa** An uplifting movie which illuminates the life of Mother Teresa. The selfless, missionary who brought hope, love and salvation to the poorest of the poor. Only \$10 @ the piety store.

**CD of the month - The Soul of the Apostolate** – Matthew Arnold. Excerpts from the profound book “The Soul of the Apostolate”, written by Abbot Chautard. The profound teaching of this classic work is essential in our technological age. Only \$5 at the piety store.

**PARISH WEEKLY EVENTS**

- Cenacle of Our Lady: Tues 9:45am Manly Church
- Craft Group: Tues 10:00am Parish Centre
- Eucharistic Adoration: Weds 6:00pm Manly
- Lectio Divina: Tues 7.30pm & Weds 10am Parish Centre
- Piety Store: open on weekends or call the Parish Office
- Prayer Group in Spanish – 2nd & 4th Friday 6pm  
Parish meeting room
- Reconciliation: Manly: Sat 10am – 11am
- RCIA: Contact the Parish Office 9977 5822
- Rosary: Freshwater Tues – Fri 8.45am in Church
- Youth Group (Yrs 7 – Yr 12): 1st & 3rd Sunday 7pm – 9pm

**PARISH MONTHLY EVENTS**

- Anointing Mass: Manly & Freshwater 1st Friday 9:15am
- Parish Pastoral Council: contact Parish Office
- St Joseph Men’s Group: 1st Thurs of the month 7pm
- St Vincent de Paul Conferences:  
Manly 1st Mon each month 5:30pm  
Freshwater 2nd Mon each month 5:30pm

**THINGS YOU DIDN’T KNOW ABOUT THE MASS****Table manners in the Neolithic Age**

“What are you doing?!”

“What?” I stammer defensively, quickly putting down the knife.

“No no,” he exclaims, seizing the knife. “You don’t cut the bread. You break it!”

A little while ago, I was at a wedding reception, and my friend admonished me for using a knife to cut open a bread roll – you know – one of those little ones with butter you get at a restaurant before the entrée. At the time, I waved him away dismissively: “Ah, what’s the fuss with all this table etiquette. Does it really matter?”

...But the more I think about it, the more I realise, he’s right.

Breaking bread is one of the oldest traditions in human history, tracing back thousands of years – the Neolithic Age. The father of the family, presiding at table, would break bread and distribute it amongst his family to start the meal. And yet, despite its antiquity, breaking bread is by no means foreign to us Catholics. Every week in the Mass, the priest ‘breaks the bread’ – the sacred Host – right before Communion. Why though?

† † †

Let’s cut to the chase; firstly, it’s practical. In the early Church only *one* loaf was used for the Eucharistic Sacrifice. And so, before it could be distributed, the deacon had to break it up so that all Christians might partake. To break the bread allows *all* to share in Christ.

The second reason is this: because Jesus did so, and told us to. At the Last Supper, Jesus blessed, broke and gave the bread to His disciples, saying: “This is my body... Do this in memory of me.” (Mark 14:22, Matt 26:26, Luke 22:19). Critically, in breaking the bread, Jesus *prophesied* that His body would be broken and His blood poured out. He *foretold* what was to happen to Him, and so *pre-presented* His crucifixion on Calvary, so that all present at table could become sharers in his Sacrifice. His disciples became *participants* in His Passion and Death.

† † †

Here lies the crucial point for us. Every Mass, we *too* become *participants* in Christ’s Passion and Death. The Mass is not “a new sacrifice” each time, but rather a “re-presentation of Christ’s Sacrifice on Calvary.”

And we are participants in this Sacrifice! Please please don’t miss this point.

Because, if we are participants in Christ’s *Passion* and *Death*, then so too – are we participants in His *Resurrection*.

Simply put, by partaking in the Holy Mass – we will be *raised* up to eternal life on the Last Day. (John 6:35). That’s the promise! Eternal life with God. Forever in Heaven. Ah, don’t you see! How I wish all knew this truth!

So, dear friends, what shall we do?

Well, let’s start today. This Mass, when the priest ‘breaks the bread’ before Holy Communion, take this moment – don’t miss it – to gaze upon Christ’s Body. Gaze upon the Body which *breaks* for us. Gaze upon the Body which *breaks* apart the fetters of sin and death. Gaze upon the Body which *breaks* open the gates of Heaven – for you.

*God bless you. Seminarian Matthew*



## PLANNED GIVING ENVELOPES

### for the new financial year

are available for collection at both Churches. Please consider creating a monthly automatic debit by contacting the Parish Office on 9977 5822.

## TAX RECEIPTS 2023/2024

If you require a Tax Receipt for your donation to Pastoral Works Broken Bay or Project Compassion, please contact the parish office.



Thank you for your generous support. We encourage you to use the tap machines at the Church entrances. If you prefer to use cash there will be **ONE** collection during Mass at the offertory at Manly and **TWO** at Freshwater.

**PILOT PROGRAM** –The Diocese has agreed for Manly to pilot a **ONE COLLECTION** at the weekend Masses. The Diocese will continue to monitor this. The collection is for the First and Second Plates and will be allocated as follows:

- 25% to Supporting our Priests including the sick & retired in our Diocese.
- 75% to Parish operations and maintenance of building.

## SUPPORT OUR PARISH & PRIESTS

### FINANCIALLY by using one of the following...

1. **Planned Giving:** through a monthly **direct debit** or **credit card**. Please contact the parish office for more information 9977 5822.
2. **Collection plates during Mass**
3. **Tap and Go machines** using your credit/debit card or **EFTPOS Terminals**. 
4. **Scan to Donate** using the QR code to access our BPoint Donation page.
5. **Direct into Parish Bank Accounts**
  - **2nd collection Parish Bank Account** Funds the running of the Parish  
Account Name: Manly Freshwater Parish  
Bank Name: Commonwealth Bank  
Account # 100002025 BSB: 062 784
  - **1st collection** Supports our Priests  
Account: Manly Freshwater Parish Pastoral  
Bank Name: Commonwealth Bank  
Account# 13958002 BSB: 062 784



## HAS YOUR CREDIT CARD EXPIRED?

If you donate to the Parish using your credit card please let us know if you have a new card or the card has expired by contacting the Parish Office 9977 5822 or email

[manlyfreshwaterparish@bbcatholic.org.au](mailto:manlyfreshwaterparish@bbcatholic.org.au)

## DIRECT DEBIT FROM BANK ACCOUNT

Please consider changing your giving from a credit card deduction to a direct debit from your bank account. Please contact the parish office to have this set up automatically for you.

We all like to be

# WELCOMED

Why not become the one who welcomes others?  
Join our Welcomers Team



Or contact our office



**SIGN IN**



## YOUTH GROUP GATHERING

We welcome all youth who are in High School (Yr 7 – Yr 12) to come along and join the Manly Freshwater Parish Youth Group which is held every **1st and 3rd Sunday** following the 6pm Mass (7pm – 9pm). Join us for free food and drinks, table tennis, basketball, party games, talks and new friends! Feel free to check out our instagram or send us an email!

Email: [manlyfreshwatercatholicyouth@gmail.com](mailto:manlyfreshwatercatholicyouth@gmail.com)

Instagram: [manlyfreshwater\\_catholicyouth](https://www.instagram.com/manlyfreshwater_catholicyouth)

# JOIN OUR NORTHERN BEACHES



## YOUNG ADULTS

COMMUNITY

Every 2nd Saturday at pub/restaurant  
Every 4th Saturday at Manly Parish  
message: (6 Raglan St)  
Fr Marek at 0422532173  
or Cam at 0432895304



## ENROLLING NOW!

### Year 7 2027

(current Year 4 students)

Demand for places is strong.  
Submit your application today  
via our website.

Applications close - 26 July 2024

[www.stellamaris.nsw.edu.au](http://www.stellamaris.nsw.edu.au)



Our school principal of St Mary's, Paul McGuire, will soon be participating in The Kidney Kar Rally (3-10 August), raising much needed support for Kidney Health Australia, in particular, kids/youth with kidney cancer.

We can support him via sponsorships here-  
<https://fundraise.kidney.org.au/fundraisers/shortfuse>.

The rally will take him through Victoria, South Australia and NSW. Lots of dirt roads and river crossings await but he is really looking forward to visiting remote schools and communities.

You may have seen the car visit the school kids last week. Fr Marek blessed the car and Paul for a safe trip. Paul has started a raffle to help raise funds, which has some great prizes, if anyone would like to participate-  
<https://www.raffletix.com.au/shortfuseaffle2024>

You can stay up to date with the rally as he will be sending through daily reports/photos via **Facebook and Instagram**.



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## Ignite 2024 | Thu 26 September – Sat 28 September

Broken Bay is again delighted to host the Ignite Sydney Conference, a gathering of Catholics for four days of formation, renewal of faith, and powerful worship. It is a conference for all children, high school students, and young adults, and deeper sessions for adults, specifically parishioners, priests, religious, ministry leaders, parents, and grandparents. There is something for everyone at the Ignite Conference.

Mission Broken Bay is pleased to offer a 50% subsidy for parishioners to attend. Please contact [Mission@bbcatholic.org.au](mailto:Mission@bbcatholic.org.au) to access the promotional code for either a "Teen" or "Adult" registration.



## Thank you for your submissions which have now closed!

Members of the Northern Beaches community have participated in Phase Three of the Pastoral Discernment Project, the Community Engagement phase, over the past few months.

Many Submissions have been received, and we offer our heartfelt thanks and gratitude to the many Consultation Facilitators and Community Leaders who have worked with their Parish, School, and CatholicCare communities, inviting the community to participate, listen, and dialogue together to shape a Pastoral Discernment Submission for Bishop Anthony's consideration.

### What's Next?

All members of the Diocese are invited to attend the upcoming **PDNB Conversation Forum**, which will be held on Saturday, July 27. The Conversation Forum will be an opportunity to hear about the themes that are beginning to emerge. It will also provide participants with the opportunity to engage in further dialogue following the recent local Community Consultation gatherings.

**Date:** Saturday 27 July

**Venue:** OLG School Hall Forestville. 11 Currie Rd, Forestville.

**Time:** 12:00pm for light refreshments for a 12:30pm start

**Finish Time:** 3:30pm

**RSVP:** <https://forms.office.com/r/qvaBara0f2>

**FLYER**

## OUTSIDE OF THE PARISH

### Vocations Office Events

Scan, Connect, Engage! Use our QR Code for all Vocation Office Events! It's your ticket to seamless entry and instant updates. Scan now and join us on the journey of faith. [Website](#)

Email:

[Vocations.ministry@bbcatholic.org.au](mailto:Vocations.ministry@bbcatholic.org.au)

Ph: 02 8379 1626 | 0418 522 449



### Year of Prayer

Our Vicar General, Very Rev Dr David Ranson, has prepared a Meditation Series of Christian Prayer. This is in preparation for the 2025 Jubilee.

The Introduction to the series and the first three videos in the series can be found at <https://www.bbcatholic.org.au/mission/year-of-prayer> or on the [Diocese YouTube channel](#)

### Xavier School of Preaching Thu 1 Aug – Sat 3 Aug

Registrations are open for the Xavier School of Preaching course proudly hosted by Broken Bay. The course will run from Thursday 1 August at 6 pm through to Saturday 3 August at 1.30 pm. For further information and registration,

please scan the QR code on the attached [flyer](#) or contact [mission@bbcatholic.org.au](mailto:mission@bbcatholic.org.au)

## GATHERINGS IN THE PARISH...

Our Young Adults group takes part in watching together round 2 of the State of Origin in St Joseph House.



We hosted a Movie Night for the Young Adults and a separate movie for our Youth Group.



Last Monday we continued our Alpha program.





# How can Jesus do all of this?



14th Sunday in Ordinary Time, Year B

Draw a picture of each member of your family and write a word that best describes that person.

## MY FAMILY

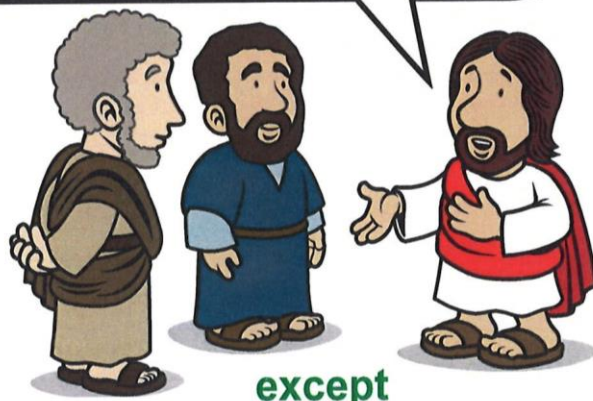


Jesus did remarkable things during his life, except in his hometown. Draw or write about some of the amazing things that Jesus did.



Complete Jesus' teaching by using the words below.

\_\_\_\_\_ are  
\_\_\_\_\_ everywhere \_\_\_\_\_  
in their \_\_\_\_\_.



except  
hometown honoured prophets

## Fourteenth Sunday in Ordinary Time– Year B

### First Reading *Ezekiel 2:2-5 (JB)*

A reading from the prophet Ezekiel

*The people are rebellious; they shall know there will be a prophet in their midst.*

The spirit came into me and made me stand up, and I heard the Lord speaking to me. He said, 'Son of man, I am sending you up to the Israelites, to the rebels who have turned against me. Till now they and their ancestors have been in revolt against me. The sons are defiant and obstinate; I am sending you to them, to say, "The Lord says this." Whether they listen or not, this set of rebels shall know there is a prophet among them.'

The word of the Lord. **All: Thanks be to God.**

### Responsorial Psalm *Ps 122 (JB)*

**R. Our eyes are fixed on the Lord,  
pleading for his mercy.**

To you have I lifted up my eyes, you who dwell in the heavens: my eyes, like the eyes of slaves on the hand of their lords. R.

Like the eyes of a servant on the hand of his mistress, so our eyes are on the Lord our God till he shows us his mercy. R.

Have mercy on us, Lord, have mercy. We are filled with contempt. Indeed all too full is our soul with the scorn of the rich, with the proud man's disdain. R.

### Second Reading *2 Corinthians 12:7-10 (JB)*

A reading from the second letter of St Paul to the Corinthians

*I will glory in my infirmities so that the power of Christ may dwell in me.*

In view of the extraordinary nature of these revelations, to stop me from getting too proud I was given a thorn in the flesh, an angel of Satan to beat me and stop me from getting too proud! About this thing, I have pleaded with the Lord three times for it to leave me, but he has said, 'My grace is enough for you: my power is at its best in weakness.' So I shall be very happy to make my weaknesses my special boast so that the power of Christ may stay over me, and that is why I am quite content with my weaknesses, and with insults, hardships, persecutions, and the agonies I go through for

Christ's sake. For it is when I am weak that I am strong.

The word of the Lord. **All: Thanks be to God.**

### Gospel Acclamation *cf Luke 4:18 (JB)*

Alleluia, alleluia!

The Spirit of the Lord is upon me;

he sent me to bring Good News to the poor.

Alleluia!

### Gospel *Mark 6:1-6 (JB)*

A reading from the holy Gospel according to Mark


*A prophet is despised only in his own country.*

Jesus went to his home town and his disciples accompanied him. With the coming of the sabbath he began teaching in the synagogue and most of them were astonished when they heard him. They said, 'Where did the man get all this? What is this wisdom that has been granted him, and these miracles that are worked through him? This is the carpenter, surely, the son of Mary, the brother of James and Joset and Jude and Simon? His sisters, too, are they not here with us?' And they would not accept him. And Jesus said to them, 'A prophet is only despised in his own country among his own relations and in his own house'; and he could work no miracle there, though he cured a few sick people by laying his hands on them. He was amazed at their lack of faith.


The Gospel of the Lord

**All: Praise to you, Lord Jesus Christ.**





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**St Mary's Primary Catholic School K – 6**  
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 E: [stpauls@dbb.catholic.edu.au](mailto:stpauls@dbb.catholic.edu.au)

**Parish Priest:** Fr Chima Ofor  
[manlyfreshwaterparish@bbcatholic.org.au](mailto:manlyfreshwaterparish@bbcatholic.org.au)

**Assistant Priest:** Fr Marek Woldan  
[marek.woldan@bbcatholic.org.au](mailto:marek.woldan@bbcatholic.org.au)

**Seminarian:** Matthew French

**Parish Secretary:** Jenny Beninati  
[manlyfreshwaterparish@bbcatholic.org.au](mailto:manlyfreshwaterparish@bbcatholic.org.au)

**Mary Immaculate Church (Parish Office)**  
 6 Raglan St, Manly 2095

Phone: 9977 5822

After Hours Sick Calls: 0499 910 010

Parish Office: Mon to Thurs 8:30am – 4:30pm

[manlyfreshwaterparish@bbcatholic.org.au](mailto:manlyfreshwaterparish@bbcatholic.org.au)

[www.bbcatholic.org.au/manlyfreshwater](http://www.bbcatholic.org.au/manlyfreshwater)

**St John the Baptist Church**  
 cnr Johnson & Oliver St, Freshwater 2096

**Parish Pastoral Council:**

Michael McGrath (Chair); Ivica Covic (Deputy Chair); John Zemek (Deputy Chair); Val Buono; Patricia Carroll; Margaret Dent;

Robert Marshall; Peter Nacard, Ian Press,

**Weekend Masses:**

**Manly:** Saturday Vigil 6:00pm  
 Sunday 8:30am, 10:30am, 6:00pm

**Freshwater:** Saturday Vigil 5:00pm  
 Sunday 9am

**Weekday Masses: Manly & Freshwater**  
 Tuesday – Friday 9:15am

**Baptisms:** please contact the parish office

**Reconciliation: Manly Sat 10am – 11am**

**St Mary's Primary School 7256 2135**

Principal: Paul McGuire

**St John the Baptist Primary School 9939 6699**

Principal: Alicia van der Merwe

**St Paul's Catholic College 7256 2112**

Head of College: Mark Robinson

**Stella Maris College 9977 5144**

Principal: Elizabeth Carnegie




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